

# Port Jefferson Earl L Vandermeulen HS

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

### **Tuesday**

### Wednesday

## **Thursday**

#### Friday

Homemade Mac & Cheese

Or Buffalo Chicken Mac & Cheese P Sweet Corn Cucumber Coins Fresh NY Local Apple ) Diced Pear Cup

Baked Chicken Crispy Potato Puffs Glazed Carrots Fresh Banana Apple Slices

Smokehouse Burger Or Homemade Beef Burger Sweet Potato Fries

Baked Beans Fresh Orange Mixed Fruit Diced Pear Cup

Meatball Hero Or Chicken Caesar Wrap Oven Baked Fries Fresh NY Local Apple

Pasta with Creamy Tomato Sauce & Chicken Steamed Broccoli Caesar Salad Fresh NY Local Apple Diced Peaches

**Guest Chef Chris** 



Chicken Fajita Or Veggie Bean Quesadilla

Orange Glazed Carrots Chilled Red Pepper Strips Fresh NY Local Apple Diced Peach Cup

Tot Spot's Buffalo Chicken Tater Tots Or Veggabol BBQ Chickpea

Rice Bowl 🕜 🤔 🔇 Sweet Potato Fries Fresh Orange Mixed Fruit



Crispy Popcorn Chicken 12 Or Tomato & Cheese Griller Meltdown Café 🚱 Black Beans Fresh NY Local Apple Diced Pear Cup

Homemade Baked Pasta with Cheese 🕜 Steamed Broccoli Caesar Salad Fresh NY Local Apple Fresh Banana



6

Cheesy Stuffed Bread Sticks 🕜

Marinara Sauce Dip Or Romaine & Chickpea Salad with 2 Dinner Rolls 🕜

*🚱* 🚷 Sweet Corn Cucumber Coins Fresh NY Local Apple Mixed Fruit

Classic Tex Mex Burrito Or Cheese Quesadilla 🕜 Chilled Red Pepper Strips Sauteed Corn & Black Bean Salsa Fresh NY Local Apple

Diced Peach Cup

18 Homemade Waffles 🕜 Or NY Yogurt, Peach & Granola Parfait 🤔 🚷 Sweet Potato Fries Mixed Fruit Fresh Orange

> IT'S STUDENT APPRECIATION DAY

19 Wing Shack Classic Buffalo Chicken Winas Black Beans Oven Baked Fries Fresh NY Local Apple Diced Pear Cup



Homemade Pasta & 20 Homemaue rasiu & Broccoli with Garlic & Oil 🕜



Garden Salad Fresh Banana Applesauce

23

SCHOOL CLOSED TODAY

24

SCHOOL CLOSED TODAY

25



26

SCHOOL CLOSED TODAY

27

SCHOOL CLOSED TODAY

30

**SCHOOL** CLOSED TODAY

31



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office 631-791-4485 Free \$0.00 Reduced \$0.00 Paid \$4.20

Lunch includes protein, grain, vegetable, fruit and milk choice: Available Daily

Ham&Cheese & Turkey & Cheese Sandwich, Hamburger, Cheeseburger, Chicken Patty, Bagel Lunch with 2oz cheese stick Chicken Salad or Garden Salad w/2 dinner rolls, Pizza, Paninis,

Asst. Wraps, Smoothies, and Yogurt Parfait







