

# Breakfast Menu

Port Jefferson Edna Louise Spear Elementary

October 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



1 Cocoa Puffs Cereal Bar  
Apple Slices  
100% Apple Juice  
1% Milk

2 Egg and Cheese Sandwich  
Fresh Banana  
100% Apple Juice  
1% Milk

3 SCHOOL CLOSED TODAY

4 SCHOOL CLOSED TODAY

7 WW Honey Bun  
Apple Slices  
100% Apple Juice  
1% Milk

8 Fluffy Whole Grain Waffles  
Fresh Banana  
100% Apple Juice  
1% Milk

9 Egg and Cheese Sandwich  
Fresh Banana  
100% Apple Juice  
1% Milk

10 WG Double Chocolate Chip Muffin  
Sliced Oranges  
100% Apple Juice  
1% Milk


11 WG Donut Bites  
Fresh NY Local Apple  
100% Apple Juice  
1% Milk



14 COLUMBUS DAY



15 Strawberry Pop Tart  
Apple Slices  
100% Apple Juice  
1% Milk



16 Whole Grain French Toast Slices  
Fresh Banana  
100% Apple Juice  
1% Milk

17 Homemade Chocolate Chip Muffins  
Sliced Oranges  
100% Apple Juice  
1% Milk

18 Egg and Cheese Sandwich  
Fresh NY Local Apple  
100% Apple Juice  
1% Milk


21 WW Honey Bun  
Apple Slices  
100% Apple Juice  
1% Milk

22 Fluffy Whole Grain Waffles  
Apple Slices  
100% Apple Juice  
1% Milk


23 Egg and Cheese Sandwich  
Fresh Banana  
100% Apple Juice  
1% Milk

24 WG Double Chocolate Chip Muffin  
Sliced Oranges  
100% Apple Juice  
1% Milk

25 WG Donut Bites  
Fresh NY Local Apple  
100% Apple Juice  
1% Milk



28 WW Honey Bun  
Apple Slices  
100% Apple Juice  
1% Milk



29 Cocoa Puffs-Trix Cereal Scramble  
Fresh Banana  
100% Apple Juice  
1% Milk

30 Egg and Cheese Sandwich  
Fresh Banana  
100% Apple Juice  
1% Milk

31 Homemade Chocolate Chip Muffins  
Sliced Oranges  
100% Apple Juice  
1% Milk



BE A STAR with School Breakfast



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



**Paid \$2.50**

**Free \$0.00**

**Reduced \$0.00**

Daily Breakfast Offerings

Fresh Daily WG Bagels with Cream cheese or Butter

WG Reduced Sugar Cereals served with a cheese stick

Fresh Fruit daily at breakfast

All meals served with Milk: 1%white,Fat Free White (all antibiotic and hormone free)

