

Breakfast Menu

Port Jefferson Earl L Vandermeulen HS

October 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Belgian Waffle Bites
Syrup
Apple Slices
100% Apple Juice
1% Milk



2 Fruity Parfait 🍓
Apple Slices
100% Apple Juice
1% Milk


3 **SCHOOL CLOSED TODAY**

4 **SCHOOL CLOSED TODAY**

7 WW Honey Bun 🍏
Apple Slices
100% Apple Juice
1% Milk

8 Belgian Waffle Bites
Apple Slices
100% Apple Juice
1% Milk

9 Whole Grain French Toast Slices 🍏
Apple Slices
100% Apple Juice
1% Milk



10 Homemade Chocolate Chip Muffins 🍏 🍓
Apple Slices
100% Apple Juice
1% Milk

11 Sausage, Egg & Cheese Burrito* 🍓
Apple Slices
100% Apple Juice
1% Milk

14 

15 Belgian Waffle Bites
Apple Slices
100% Apple Juice
1% Milk

16 Fruity Parfait 🍓
Apple Slices
100% Apple Juice
1% Milk

17 Homemade Chocolate Chip Muffins 🍏 🍓
Apple Slices
100% Apple Juice
1% Milk


18 Glazed Donut with Cereal Topping 🍏 🍓
Apple Slices
100% Apple Juice
1% Milk

National School Lunch Week

21 WW Honey Bun 🍏
Apple Slices
100% Apple Juice
1% Milk

22 Belgian Waffle Bites
Apple Slices
100% Apple Juice
1% Milk

23 Whole Grain French Toast Slices 🍏
Apple Slices
100% Apple Juice
1% Milk



24 Homemade Chocolate Chip Muffins 🍏 🍓
Apple Slices
100% Apple Juice
1% Milk

25 Cinnamon Bun 🍏
Apple Slices
100% Apple Juice
1% Milk

28 WW Honey Bun 🍏
Apple Slices
100% Apple Juice
1% Milk

29 Belgian Waffle Bites
Apple Slices
100% Apple Juice
1% Milk

30 Fruity Parfait 🍓
Apple Slices
100% Apple Juice
1% Milk

31 Fluffy Whole Grain Pancakes 🍏
Apple Slices
100% Apple Juice
1% Milk

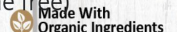
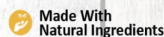



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Daily Breakfast Offerings

Fresh Daily Bagels with Cream Cheese or butter ,WG Reduced Sugar cereals with Cheese stick, Pop Tarts, Cereal Bars, Smoothies, Parfaits ,Homemade Muffins, and Egg Sandwiches

Fresh fruit Daily at Breakfast, and all meals are served with Milk 1% White or Fat Free White(all antibiotic and hormone free)