Breakfast Menu

Port Jefferson Edna Louise Spear Elementary

September 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Paidys2reakfast

Offerings:

FELIABIO

V

Tuesday

Fluffy Whole Grain Waffles

Apple Slices

1% Milk

100% Apple Juice

welcome BACK to SCHOOL! Wednesday

NY Fruity Yogurt Parfait with Graham Crackers

th Graham Crackers (2)
Fresh Banana
1% Milk
100% Apple Juice

5 Homemade Chocolate Chip Muffins (2) (2) Sliced Oranges

Thursday

Sliced Oranges
1% Milk
100% Apple Juice

Friday

Glazed WG Donut Bites

Fresh NY Local Apple 1% Milk 100% Apple Juice

9 WG Double Chocolate Chip Muffin Apple Slices 1% Milk 100% Apple Juice



Fluffy Whole Grain Pancakes Fresh Banana 1% Milk 100% Apple Juice NY Fruity Yogurt Parfait with Graham Crackers bresh Banana 1% Milk 100% Apple Juice

12 Homemade Chocolate Chip Muffins 🏈 🤌 Sliced Oranges 100% Apple Juice 1% Milk



Cinnamon Bun Fresh NY Local Apple
100% Apple Juice
1% Milk



16 WG Double Chocolate Chip

Muffin

Apple Slices

Apple Slices 100% Apple Juice 1% Milk 17 Fluffy Whole Grain Waffles

Apple Slices 100% Apple Juice 1% Milk NY Fruity Yogurt Parfait with Graham Crackers Fresh Banana
1% Milk
100% Apple Juice

19 Homemade Chocolate Chip Muffins (7) (7) Sliced Oranges 100% Apple Juice

1% Milk

20 Glazed WG Donut Bites

Fresh NY Local Apple
100% Apple Juice

1% Milk



10

23 WG Double Chocolate Chip Muffin Apple Slices 100% Apple Juice 1% Milk



24 Fluffy Whole Grain Waffles

Apple Slices 100% Apple Juice 1% Milk NY Fruity Yogurt Parfait with Graham Crackers Fresh Banana
1% Milk
100% Apple Juice

26 Homemade Chocolate Chip Muffins & & Sliced Oranges 100% Apple Juice 1% Milk

27 Cinnamon Bun Fresh NY Local Apple 100% Apple Juice 1% Milk



30 WG Double Chocolate Chip Muffin Apple Slices

Apple Slices 100% Apple Juice 1% Milk Paid \$2.00

Free \$0.00

Reduced \$0.00



Daily Breakfast Offerings

Fresh Daily WG Bagels with Cream cheese or Butter

WG Reduced Sugar Cereals served with a cheese stick

Fresh Fruit daily at breakfast

All meals served with Milk: 1%white,Fat Free White (all antibiotic and hormone free)

food, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

View this menu on the mobile app, FDMealPlanner, or

*Consuming raw or under cooked meat, poultry, sea-

on the web at www.FDMealPlanner.com.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex



Vegetarian







